

BECHYNE  
RESIDENCY  
2016



CO DANCE//CO VOICE//CO EXIST  
CONTACT IMPROVISATION, PHYSICAL THEATRE,  
VOICE MOVEMENT, MARTIAL ARTS & TANGO

BOHEMIA  
CZECH REP.  
2ND-10TH JULY

## WITH JAVIER CURA & MOSS BEYNON JUCKES

### CONTACT IMPROVISATION- TANGO- IMPRO- VOICE + MOVEMENT INTEGRATION- PHYSICAL THEATRE INTO PERFORMANCE

We will be holding our annual summer residency program in the historical Franciscan Monastery, in the Bohemian region of the Czech Republic from the 2nd- 10th July. The Monastery is placed in the little village of Bechyne, overlooking the valley of the river Luznice, surrounded by its terraced gardens and natural landscapes. This week is about creating a supportive group of individuals to make connections between body work, environment, performance and lifestyle. We will take our inspiration from nature and the magical Franciscan monastery, and finally share our discoveries with the village in an open performance.

We will use principles and games from Contact Improvisation, tango, martial arts, voice and movement integration and physical theatre to embody these proposals. Then will further develop these ideas into personal goals, ritual, games, and performances, focusing in the positive perspective that personal change can impact a wider change.

That is why our daily training will focus on taking care of our emotions as well as of our physical energy, nurturing our relation to Earth by developing a dynamic grounding, by discovering our given anatomical physiological structure and the given Natural laws that apply to them.

In the end of the week we will share our work with friends, guests and in the Bechyne theatre festival through a group performance. This performance is not at all compulsory and each one is invited to participate in the way she/he feels like.

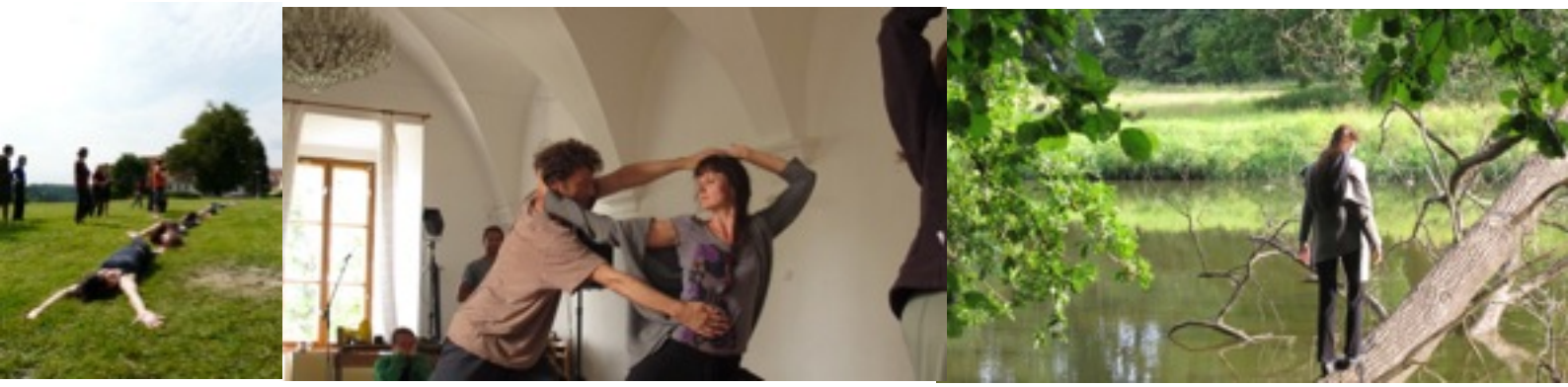


## THE MONASTERY; SOME FACTS ABOUT THE PLACE:

The monastery is a gothic jewel reconstructed in the 15th century by the Franciscan order together with the church of the Assumption of the Virgin Mary. In this way, it is purposely combining masculine and feminine elements, offering to its inhabitants a symbolic spatial completeness. In the center of the building there is a courtyard; a symbolic womb from which all living beings and creatures are born. It is surrounded by a windowed corridor with a unique vaulting, which gives it a surprisingly acoustic resonance. This was the place where the monks used to walk, sing and meditate. The entire building is surrounded by what had been in the past the vegetable gardens and orchards and now are the terraced gardens that overview the river and the valley. The river flows besides the village and into farmlands, and natural parks. The Monastery's spatial design and its location seem to metaphorically express the nature that is within and around ourselves. It makes it a special place to rediscover our connection to our primordial natural and animal energies and acknowledge our empathy with all that is alive. [www.mestobechyne.cz/english/monastery/monastery.html](http://www.mestobechyne.cz/english/monastery/monastery.html)







## THE WEEK PROGRAM: The work will be structured as follows:

Welcome and Opening day Saturday 2nd July: Participants can arrive from midday onwards. At 5 pm: Welcoming meeting. From 5.30 till 8pm: Contact Tango lesson and music and dance Jam - Milonga

8.30pm: Dinner together at local restaurant

Sunday 9.30am: Presentation circle.

Every day from 10 to 1.30 pm: Contact impro tango, Taichi, physical theatre, rhythms, sounds & voice work.

Lunch & leisure time to explore, travel around architectural and natural sites

From 5.30 to 8.30: Putting into practice, shared research and composition work. Short jams.

Water dance and movement research: In a warm 32C pool, we will explore movement and dance relations with the purpose of getting in contact with our own fluidity and water element, to then translate that experience to the reality of the studio

Important Note: The time schedule will be modified daily following group needs & agreements. There will be some extra activities suggested

Saturday 9th: short urban performances in Bechyne village followed by performances in the Monastery Theatre Festival.

Sunday July 10th: morning sharing and farewell. Closing and leaving around 1pm



## ABOUT JAVIER CURA AND MOSS BEYNON JUCKES

Short Bio: After 20 years of researching, experimenting and teaching, Argentine-American artist **JAVIER CURA** has developed a methodical approach to movement in general applying it specifically to Physical theatre, martial arts, Contact Improvisation and or Tango teaching. He has condensed into this system his experience in different fields and art forms ranging from Visual arts, Theatre, Bioenergetics, Somatic Movement and Linguistics. He has been one of the generators of the Contactango form which combines the possibilities of Contact Improvisation and Tango.

As a performer, choreographer, artist or teacher you can find him at Fabrik Potsdam Tanztage in Germany, Farma Dance Theatre Festival, Alchemie Tango in Prague, C.I.R.A in Strasbourg, as well as in Contact Impro Festivals in Freiburg, Goettingen (Germany), or San Francisco (USA). He has recently collaborated with the Berlin Free University on a research about expression in Contact Improvisation and Movement. [javiercuraworkshop@gmail.com](mailto:javiercuraworkshop@gmail.com) [www.javiercura.net](http://www.javiercura.net)

Videos: [www.youtube.com/watch?v=q3Py1SiCrco](http://www.youtube.com/watch?v=q3Py1SiCrco) [www.youtube.com/watch?v=4s20bn5Xej8](http://www.youtube.com/watch?v=4s20bn5Xej8)  
[www.youtube.com/watch?v=Its3nIA0rmg](http://www.youtube.com/watch?v=Its3nIA0rmg) [www.youtube.com/watch?v=nM575qk7I2U](http://www.youtube.com/watch?v=nM575qk7I2U)  
[www.youtube.com/watch?v=eIW1hxzzZDc](http://www.youtube.com/watch?v=eIW1hxzzZDc)

New contact tango video: <https://vimeo.com/110580854>

New contact tango video Underwater: <https://vimeo.com/106280101>

**MOSS BEYNON JUCKES** Is an artist, performer and composer. She works within the disciplines voice and body, theatre and music. Performances inc. "The Passion of Lady Vendredi" with Mas Productions at The Roundhouse and Soho Theatre, London. "One Revolution, Respiration", Sophiensaele, Berlin by Christine Borch, "These Associations", Unilever Series at the Tate Modern, London and "This Variation" by Tino Sehgal- Stedelijk Museum, Amsterdam, Martin Gropius Bau, Berlin, 2015, Athens 2014, Documenta13, Kassel 2012. This year she taught "Multiple Bodies, Multiple Voices and Pathways" for Smash Berlin, <http://www.smash-berlin.com> Hlasohled Voicescope- Centre for Voice, Prague. Universität der Künste Berlin for the Fine Art students. She is part of the Balkan Band "Tralalka". [www.mossbeynonjuckles.com](http://www.mossbeynonjuckles.com)

**SARKA PROVAZNIKOVA** -is an Alexander technique practitioner and therapist.

Working with mind body connection with understanding how our bodies function and how we can put this into effortless movement. Inspired by old traditions and rituals connected to the nature. Sarka is our Czech communicator

# OUR CONTACTS:

General Contact: Sarka Provaznikova [1bohemianworkshop@gmail.com](mailto:1bohemianworkshop@gmail.com) & [sarkaprovaz@gmail.com](mailto:sarkaprovaz@gmail.com) +420 608 802 218 / Czech Rep

Javier Cura [javiercuraworkshop@gmail.com](mailto:javiercuraworkshop@gmail.com) +49163 638 3774 Moss Beynon Juckes [mossbeynonjuckes@rocketmail.com](mailto:mossbeynonjuckes@rocketmail.com) +4917657656375 / Germany

Address of Bechyne Franciscan Monastery: Klášterní 39, 39165 [Bechyne](#). How to arrive from Prague: Train & buses connections: only 1.30-2hrs from Prague <http://jizdnirady.idnes.cz/autobusy/spojeni/> website is available in English and German (to change the language click on the lower right side of the web). There you can easily check all the connections depending on day/hour.

## COST & INFO

Early bird price: 295 / 275 Euros for former participants, students & Czechs.

Normal price: 325 / 305 Euros for former participants, students & Czechs Deadline for early birds: June 1st

Cost includes: Accommodation in shared rooms of two or three people in the attic of an elementary school, a 5 min walking distance from the Monastery. Food is not included in this fee. There is an enormous Kitchen in the monastery for the group where we often cook together and cheap good restaurants nearby. If you wish to have more privacy or luxury down below there is a list of alternative accommodation.

Payment infos: For International transfers

Account holder name: Javier Cura

IBAN: DE70 1002 0890 0601 8494 61

SWIFT (BIC): HYVEDEMM488

BANK: HypoVereinsbank Berlin, Germany

If you are paying from outside Germany make a EU-Standard-Transfer (which should have no cost). Very Important, add the reason of payment! your name/Bechyne

or German to German Payment: Kontoinhaber: Javier Cura Hypovereinsbank

Bankleitzahl: 10020890 Kontonummer :0601849461

## ALTERNATIVE ACCOMMODATION:

1) "Next to the Monastery's garden" - in front of the monastery garden, 1 min from the Monastery. There are few rooms (called by colours). Prices depend on the room and the nights. Yellow/Zlutý and Blue/Modrý rooms are for 330czk/night for a person when you reserve more than 3 nights + 80czk/breakfast. Feel free to contact them in English: <http://www.uklasternizahrady.cz/contact>

2) “Water Mill” - this place is under the monastery, next to the river - not far, but you need to climb the stairs to get to the monastery: <http://www.mlynbechyne.ic.cz/cenik.html> It is 900czk/night for 2 people. Communication in German available. They can pick you up from the train station.

3) “Villa Elektra” – gate leading directly to the monastery garden. They speak English, Spanish and basic German. All rooms have bathroom and balcony. Rich breakfast inc in the price. Price: 650czk/night for 2 people if they stay more than 5 nights. Price list available also in English: <http://www.penzionelektra.cz/cenik-price-list/> Photos of rooms: <http://www.penzionelektra.cz/fotogalerie/pokoje/>

4) “Art Nouveau Vila Liduska” – 5 min walk from the monastery, English and German. 790czk/night for 2 people <http://www.penzion-villa-liduska-bechyne.abc-ubytovani.eu>

5) “Traditional Czech Penzion” on the market square & very nice restaurant, 5 min from the monastery: <http://www.penzionupichlu.cz/penzion/> Price: 790czk/night for 2 people

6) “Hotel under the Dragon”, 10 min walk from the monastery, close to the school where the others will be located: <http://www.hotel-u-draka.cz/cz> Rooms: <http://www.hotel-u-draka.cz/cz/fotogalerie/pokoje-hotelu> Price: 840 czk/night for a 2 people + 70czk/breakfast for one person. Communication in English and German available.